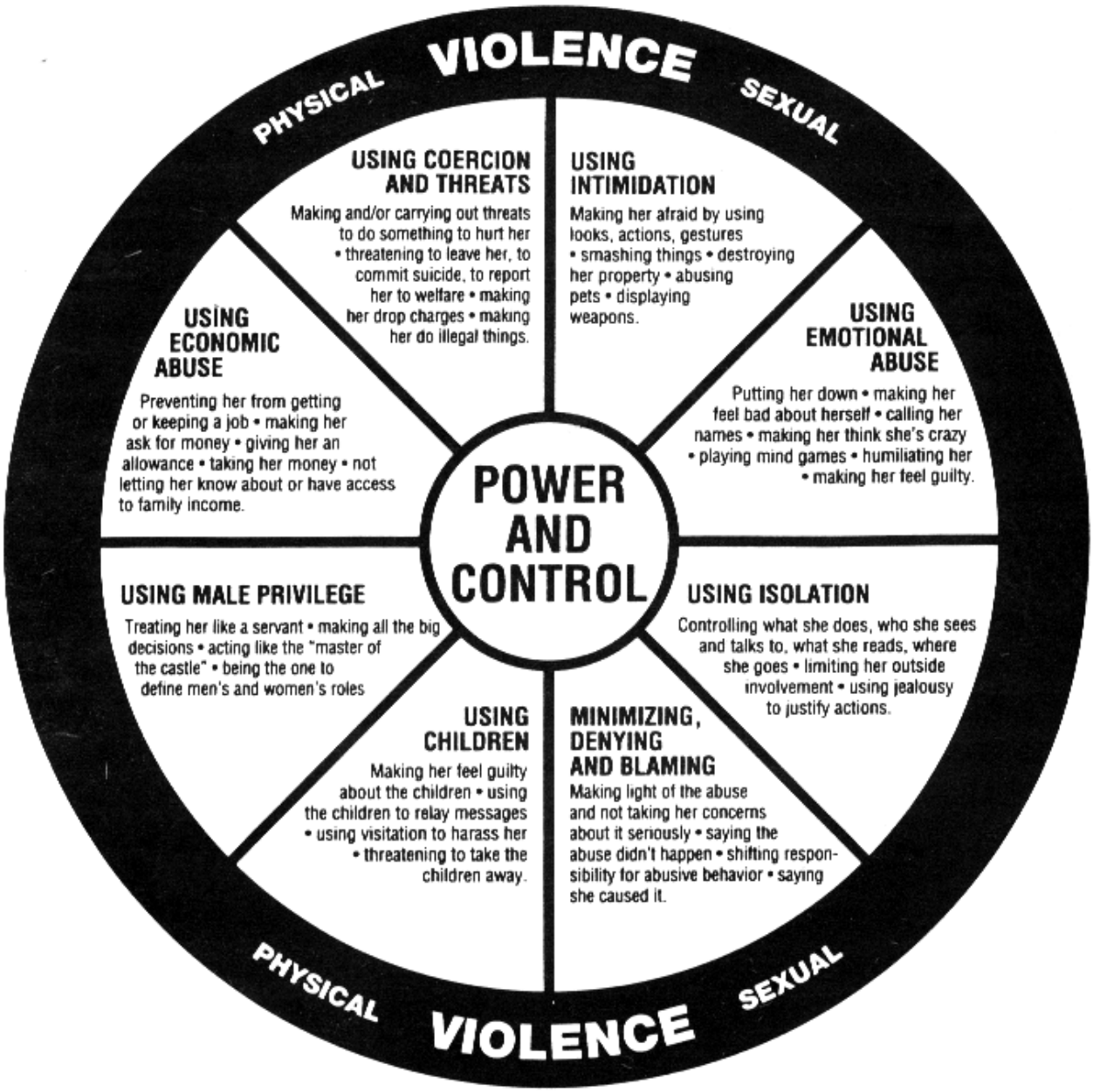
POWER AND CONTROL WHEEL

The Power and Control Wheel was developed by battered women in Duluth, Minnesota participating in the *Domestic Abuse Intervention Project.* These women were active in education groups sponsored by the women's shelter. The wheel illustrates their experiences of abuse. It is meant specifically to illustrate men's abusive behaviors toward women, and the creators do not grant permission to substitute gender neutral language. For more information, go to http://www.duluth-model.org/. Our professional staff members find this is a useful tool in working with victims and abusers.



All types of abuse have at their core the intention to control the victim.

If you have experienced abuse,
Contact the Community Crisis Center for help.
24-hour hotline: 847-697-2380