



Community Crisis Center

Crisis Line 847-697-2380

Serving the Community since 1975

June 2017

We provide Safety, Hope, Advocacy, Respite and Education for those impacted by crisis and violence in the Fox Valley Region and Illinois.

State of the State (Budget)

We get many questions about how we are faring during the IL State budget impasse. Domestic Violence was not included in the stopgap bill, therefore Community Crisis Center has received no payment for services rendered during Fiscal Year 2017. At this point we can say that the doors are open and the lights are on. Below is a statewide view shared with us from Vickie Smith, Executive Director of the Illinois Coalition Against Domestic Violence (ICADV).

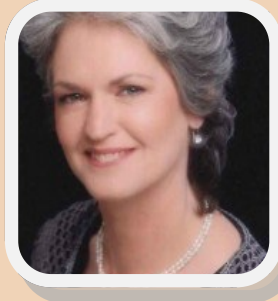
The Illinois Coalition has been aggressively pursuing advocacy on behalf of the 62 agencies in Illinois that provide services to victims of domestic violence and their dependents. When we discovered in late October that the domestic violence victims' services had been left out of the latest version of the stopgap state budget, we immediately began meeting with Illinois Department of Human Services management, the Governor's staff and legislators to try to determine what happened and develop remedies to the mistake.

There are now a number of avenues and bills that will make the DV services whole not only for FY 17 but for FY 18 as well. ICADV and a

number of member representatives have had meetings with legislators including the Speaker of the House and the President of the Senate, leadership in both houses and with both parties. Although it is hard to get this over the finish line this spring, DV services will not be left out again. ICADV is included in every hearing about the budget, we continue to talk to both leadership in the legislature as well as the rank and file. Our membership

is relentless in contacting their own elected officials. We will be included in whatever is put together next.

Figuring out how to continue at this point is very difficult but we will be stronger and more of a coalition than ever.



Vickie Smith Exec. Director ICADV

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Zanies Fundraiser

Date: Thursday, August 10, 2017, 8:00 pm

Where: Zanies Comedy Club
Pheasant Run Resort
St. Charles, IL 60134

Featured Comedian: Michael Palascak

A finalist on Season 9 of Last Comic Standing, Michael has also been seen on The Late Show, Conan, and The Tonight Show and has had his own 1/2 Hour Special on Comedy Central.



Cost: \$20.00 — All proceeds go to Community Crisis Center.

Tickets available ONLY through the Crisis Center

*for more information: ksheppard@crisiscenter.org

5 Facts About Children of Domestic Violence



A violent childhood isn't just forgotten as children grow up

Consider this: [90 percent](#) of parents who are currently experiencing domestic violence within their relationship believe their children don't know what's happening. But when researchers asked the children, 90 percent of them were, in fact, well aware.

It's estimated that more than 275 million children worldwide are currently being exposed to violence in the home. UNICEF calls this epidemic, "One of the most pervasive human rights violations of our time." Brian F. Martin founded [Children of Domestic Violence](#), a New York-based non-profit organization, in 2007 to bring awareness to the problem of childhood domestic violence (CDV), a little-known term to the public but used by prominent researchers to describe growing up with violence between parents or a parent and significant other. Through his organization, he educates others about the effects of CDV and is hoping an increased awareness will create more widespread application of solutions. Martin, a survivor of CDV himself, is also the author of *Invincible: The 10 Lies You Learn Growing Up with Domestic Violence*, which topped the *New York Times* bestseller list.

Following are five things Martin says anyone who has experienced CDV should know:

1. Adversity faced in childhood is very different than adversity faced as an adult because of a child's underdeveloped brain and nervous sys-

tem. Experiencing trauma and adversity at home, as a child, can negatively wire a developing brain. "The brain seeks to find evidence that it believes is true," says Martin, meaning, if you were conditioned as a child to believe that you were weak and powerless, wouldn't it make sense for those feelings to carry over into adulthood?

2. Children with CDV, once they reach adulthood, are six times more likely to commit suicide, 50 percent more likely to be addicted to drugs and alcohol and 74 times more likely to commit a violent crime. "They will not reach their full potential unless they unlearn what was learned," says Martin.

3. Experiencing CDV in childhood means you learned a lie—that anger is a good way to teach others a lesson so they'll do what we want them to do. But, says Martin, "The truth is that you can take the energy that anger produces and use it to pursue passionately the things you most want in life.

4. Those who experience suffering in childhood truly know what suffering feels like. Martin says only when we can find compassion for ourselves will we be able to truly have compassion for others.

5. No obstacle you will face as an adult can compare to what you faced in childhood and have already overcome.

Read additional [articles on childhood domestic violence](#).

Reprinted from Domesticshelters.org

Summer sleepware provided for Crisis Center Children

For the past several years we have received winter donations of pajamas and blankets from “Good Night, Sleep Tight”, a group spearheaded by Geneva High School student, Ana Powell and supported by the local Lion’s Club, Methodist Church, and Geneva High School Students. This June we are excited to receive summer



sleepwear from the Good Night Sleep Tight Organization. Each set of pjs came with a notation of whether they are for a boy or a girl and their size. Additionally each packaged set contains a book appropriate for the child’s age. A special thank you to “Good Night Sleep Tight.”

PJ’s are very welcome here!



**Spring Flower Sale brings beauty
To our community and
Over \$1,000 to the Crisis Center**



The Annual Spring Flower Sale took place in April. The flowers were delivered in May. Prices are in line with other places to purchase, and the proceeds went to the Crisis Center.

Watch for the plant sale coming this fall!

Volunteer Opportunity

Are you or your organization looking for a way to help out the Community Crisis Center? We are looking for volunteers to provide evening meals for our residents. Imagine balancing children, jobs, community living, family issues, etc. while planning for next steps and finding a place to be when you leave, then having to fix a meal for 25-35 people. You can set your own time frame.



Bring a meal monthly, bi-monthly, quarterly, annually. Whatever commitment you can make will make a big difference for our residents!

Contact mowens@crisiscenter.org for more information

Summer Needs List



- ◆ Swimsuits (new or lightly used)
- ◆ Sunblock
- ◆ Beach Towels
- ◆ Flip-Flops
- ◆ Individual bottled water
- ◆ Umbrellas
- ◆ Ponchos
- ◆ Body wash
- ◆ Shampoo
- ◆ Antibacterial wipes
- ◆ Sandwich size zip lock bags
- ◆ Toothpaste
- ◆ Toiletries — men’s and women’s
- ◆ Deodorant
- ◆ Razors
- ◆ Shaving cream
- ◆ Baby Wipes
- ◆ Diapers (sizes 4,5,6)
- ◆ Non-perishable food items (see list on page 4)



Emergency Food Pantry Needs

list: In summer food pantry donations are down. **Consider having a food drive.**

Appreciated food items include:

Canned fruit
Canned meat meals
Cereal/oatmeal
Jelly
Macaroni & cheese
Peanut butter
Pinto beans, dry 1# bags
Pork & beans
Powdered milk
Saltine crackers
Soup/ Ramen noodles

Spaghetti noodles 1# bags
Spaghetti/marinara sauce
Spaghettio type canned items
Tuna
White rice 1# bag/box
Can Openers

Remember our homeless clients need small servings with easy open lids.



Crisis Center Training Academy Offerings

June 23 9am-12pm

Faces of Human Trafficking: identifying, serving and supporting survivors

July 21 9 am—12 pm

Counseling Children of domestic violence: non-shelter, post-shelter, when the abuser is mom or dad

September 8 9am—12 pm

CDVP/CPAIP test prep workshop

Registration and continental breakfast begins at 8:30. Class begins at 9.

Questions? Please email

Kim Schellin-Rog at

kshellinrog@crisiscenter.org

Calendar

Drop-In Domestic Violence

Support Groups

Thurs 7:00-9:00 pm English

*Wed. 6:00-8:00 pm Spanish

*Fri. 9:00-10:30 am

(Expressive Art)

English

*Childcare Provided

Fundraisers

August 10 — Zanies-Pheasant Run

Watch our website for Portillo's and other fundraisers.

Training Academy (see article upper right)

June 23 9am-12pm

Faces of Human Trafficking

July 21 9am-12pm

Counseling Children of DV

September 8 9am-12pm

CDVP/CPAIP test prep workshop

August 14-18 — Sexual Assault and Domestic Violence Training

September 20-22 — 20 hour PAIP Training

Project Backpack—2017

Once again, Community Crisis Center is working with other community organizations to provide school supplies for students who need them. Distribution Day is Saturday August 12, 9:00 am at the ECC Spartan Events Center.

We will be collecting the following items:

- Folders (2 pockets, solid color only)
- Spiral Notebooks (one subject, wide rule, solid colors)
- Loose Leaf Filler Paper (150-200 count-wide rule)
- Pencils (10 count standard #2, yellow wood)
- Black Pens
- Scissors (gender neutral color)
- Glue Sticks (0.21 oz)
- Rulers (wood or gender-neutral color)
- Crayons (24-pack/Crayola preferred)
- Gender-neutral backpacks



For more detailed information, about project backpack, including a way to donate money, or volunteer, [click here](#).

Note: Backpack recipients must demonstrate residency or school enrollment within ECC's boundaries.

